



HAWAII YOUTH SOCCER ASSOCIATION
U-5/6 RECOMMENDED DEVELOPMENT PROGRAM
Technical Director / Director of Coaching –
George Kuntz e-mail: socdoc@cox.net

U5/6 Youth Development Program – Parent and Coach Information

This program is for the technical development and the enjoyment of the game for very small children. The time they are on the field should be strictly about fun!!! There is no emphasis on winning and losing. It is important that the following guidelines be adhered to during the sessions.

During the teaching exercises –

Be supportive, positive, and enthusiastic!!

Always give plenty of positive feedback to the children – even yours, and **NEVER** criticize their efforts. You must put a lot of energy into everything you do because the kids will immediately pick up on the atmosphere. This is particularly important at the beginning of a new game. If you are excited about playing the game (doing the exercise) then the kids will be excited to join in and have the same fun!

Please do not over coach.

Instead of talking, let them play and have fun. Let them learn through play.

Scrimmages-

During the scrimmages, the kids will bunch up a bit and that is ok. Let them play and when play restarts – have the opponent start 5 yards away. Be the model parent and coach.

There are few tactics taught at this age other than get to goal and protect the goal, the kids need to learn by playing.

During games please refrain from coaching, let them play. It may seem disorganized to you as a parent, the kids will enjoy the game and the will learn as



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we continue with the program. It is not important at this age to understand all the rules of the game.

It is your job to try and make sure EVERY child gets a chance to play with the ball and practice the techniques they have been using in the games. At this time the primary skill that is being developed is dribbling, so the more dribbling they do in practice the faster they will develop.

Conclusion

Don't forget team building and the families are very important to this process. Kids like to play with their friends and parents spend an enormous amount of time on the field so the more you can do things together the better. Remember the importance of teaching sportsmanship. Involve and thank the parents and volunteers for all their support and help. This is primarily a volunteer organization and we need parents to get involved and help with the youngest age groups there are some that believe they are not needed. HYSA will look to you as a future coach and/or referee within the organization.

Please let us know if you need any help building the U5/6 Program within your club we are here to assist.

Sincerely,

George Kuntz

HYSA Technical Director/Director of Coaching