



CLUB/ORGANIZATION PHASE I PLAY ON CHECK LIST

We know there is a lot to consider as teams take to the field once again. The checklist below may help you navigate important steps and decision making to keep everyone safe. For more detailed information, go to www.ussoccer.com/playon.

BEFORE TRAINING

- Understand local guidelines on social distancing and any information from your local/state health officials. Ensure your Phase I plans and activities are compliant.
- Carefully review the [U.S. Soccer PLAY ON Phase I Recommendations Guide](#).
- Create and clearly communicate your health and safety guidelines to all participants, including arrival and departure protocols, small group training structures, and all hygiene recommendations. Ensure these guidelines adhere to local regulations.
- Proactively talk to coaches, players, parents and administrators about the importance of health and safety during training at this time. Promote and take the PLAY ON PLEDGE at ussoccer.com/playon as an organization.
- Work closely with your coaches to support them in developing socially distant trainings plans for small groups (maximum nine players and one coach, or less based on local guidelines).
- Ensure your facility and fields have extensive signage and information available regarding safety precautions to prevent the spread of COVID-19.
- Develop a schedule for increased, routine cleaning and disinfection. Clean and disinfect your facilities according to [CDC hygiene standards](#), paying particular care to high-traffic areas.
- Maintain a list of all facility users, participants at trainings, and attendees, securely and privately stored. In the event that someone participating in your activities becomes ill, refer to this list for “tracking or tracing” to determine who may have been directly exposed to illness, and advise them accordingly.
- Remember that participating in training is a choice for each individual. Do not pressure anyone, if they do not feel comfortable returning to play.

DURING TRAINING

- Monitor training to ensure your club's safety protocols are being followed. Provide guidance and encourage positive hygiene habits.
- If necessary, consider creating a designated area for parents; however, this area should be carefully arranged to ensure all social distancing protocol is followed.

AFTER TRAINING

- Ensure any apparel and equipment is properly cleaned, sanitized and stored immediately after training. Review [CDC guidelines on cleaning](#).
- Communicate and reinforce any new important safety lessons that may have been learned or shared to your participants.

As a reminder, these best practices are intended for use WHEN AND IF your local authorities have deemed it safe to return to the practice field. U.S. Soccer is in no way endorsing participating in group activities in violation of any federal, state or local mandates.